



# SESSION

# TIME

# AGE

monday

Senior's Gym Training	5:00 - 6:30pm	14 - 19's	●
Senior's Youth Club	6:00 - 9:00pm	13 - 19's	
Junior's Basketball	6:30 - 8:00pm	10 - 14's	●
Football League	8:00 - 9:00pm	13 - 19's	



tuesday

Outdoor Multi-sports <i>(Malden Pitches)</i>	4:30 - 6:00pm	8 - 14's	
Girls Only Youth Club	6:00 - 8:00pm	10 - 16's	
Girls Only Sport	6:30 - 8:00pm	10 - 16's	

thursday

Middlesex Cricket <i>(Malden Pitches)</i>	5:00 - 6:30pm	9 - 14's	
Junior's Youth Club	5:00 - 7.30pm	8 - 12's	
Junior's Football	6:30 - 7:30pm	8 - 12's	

friday

Senior's Gym Training	5:30 - 7:00pm	14 - 19's	●
Senior's Youth Club	6:00 - 9:00pm	13 - 19's	
Senior's Basketball	7:00 - 8:00pm	13 - 19's	
Football League	8:00 - 9:00pm	13 - 19's	



● To sign-up please email [youth@qcca.org.uk](mailto:youth@qcca.org.uk) or call 0207 267 6635



Senior's Youth Club



Senior Sports



Junior's Youth Club



Junior Sports



Girls Only