



JOB DESCRIPTION

Job Title: Youth Mental Health Support Worker

Hours: 3-7 hours a week during term time

Pay: £15.00 per hour

Responsible to: Youth and Family Services Manager

Funded in partnership with Gospel Oak Action Link (GOAL)

JOB PURPOSE

Deliver a range of mental health focused services for young people aged 8-19 (21 for SEN) year olds, with a particular focus on ages 8-12, in Gospel Oak and its surrounding areas in the London Borough of Camden to help young people grow their awareness on mental health and to support each young person developing into happy, healthy, and aspired individuals.

DUTIES AND RESPONSIBILITIES

- Develop and maintain positive relationships with all young people
- Promote positive mental well-being and mental health for children and young people on an individual, group, or youth club wide basis.
- Collaborate with children, parents, carers, and team members to create tailored support plans for young people.
- Offer self-help guidance, facilitate group activities, and develop mentorship programs.
- Collaborate with the youth services team to provide holistic, person-centred care.
- Promote mental health awareness by facilitating accessible workshops on mental health.
- Meet young people's individual needs and effectively manage challenging behaviour
- Support young people to deal with problems in a holistic way
- Contribute to the planning and development of youth projects and to involve young people in decision making
- Ensure effective safeguarding of young people
- Attend team meeting
- Undertake relevant administrative duties including monitoring and evaluation of the service and recording outcomes

SCOPE OF ROLE

- QCCA provides a range of services for the community and works with external partners in the voluntary and statutory sectors. QCCA Youth Services is based at The Dome, a purpose built youth and sports centre which contains a gym, music studio, computer room and large indoor multi-use sports hall.
- The post holder will work as part of the Youth Services team
- The post holder will support volunteers, apprentices and work experience students.

Qualifications & Skills

- Experience working with people with mental health needs in a supportive, coaching manner.
- Skilled in group facilitation and able to build rapport effectively.
- Relevant experience in health education or mental health support (e.g., Peer Support Worker or Coaching).
- Strong communication and organisational skills, with a compassionate, inclusive approach to support diverse backgrounds.

PERSONAL SPECIFICATION

Requirements	Essential	Desirable
Minimum Level 1 qualification in youth work or equivalent		*
Minimum 6 months' experience working with young people in health education or mental health support	*	
Skilled in facilitation and project delivery	*	
Ability to develop positive relationships with young people	*	
Able to work as a member of a team	*	
Able to work on own initiative	*	
Excellent communication and listening skills	*	
Commitment to equality with an inclusive approach to support diverse backgrounds.	*	
Willingness to undertake training and continuing professional development	*	

Able to use Microsoft Office (i.e. Word, Excel and Outlook)	*	
Knowledge and understanding of safeguarding issues	*	
Punctual and reliable	*	
Experience of planning, delivering and evaluating youth projects	*	
Experience of dealing with young people with challenging behaviour		*
Understanding of marketing and publicity		*
Experience of delivering accredited projects		*

EQUAL OPPORTUNITIES

QCCA is committed to ensuring equality of opportunity and fair treatment regardless of age, disability, race, sex, religion or cultural beliefs, gender reassignment, marital status and civil partnership, sexual orientation or pregnancy and maternity. We value candidates with a variety of backgrounds and experiences, and encourage qualified candidates from all backgrounds to apply.

HEALTH AND SAFETY

All staff have a responsibility to ensure the health and safety of all persons accessing QCCA services and/or facilities. QCCA practices safe systems of work in accordance with its Health and Safety Policy.

TO APPLY

Please send your CV and a no more than 1-page motivation letter to QCCA's Youth Services Manager at: naomi@qcca.org.uk.

CONTACT

For all questions related to the position, or to request needs-based modifications to the application process, please contact QCCA's Youth Services Manager Naomi at: naomi@qcca.org.uk, or call 020 7267 6635.



JOHN LYON'S
CHARITY

SIGNATURE: _____

On behalf of the Contractor

SIGNATURE: _____

On behalf of Queen's Crescent Community Association

NAME: _____

Print

NAME: _____

Print

DATE:

DATE: